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Becki Barns, ENVP
Arbonne International

Dear Becki-

I have been practicing pediatrics for fifteen years. General skin care, rashes, and the very common skin problem, eczema, are all a large part of the practice of pediatrics. Until recently, I recommended a mild liquid cleanser and lotion of the parents' choice, as long as they avoided fragrances. For eczema, I recommended a heavy cream or lotion that was quite occlusive. These were either mineral oil or petroleum-based. In addition, topical steroids were frequently necessary. In recent years, two non-steroid creams have come available for the treatment of eczema, and I have relied heavily on these. I dramatically changed my recommendations for skin care several months ago.

I was introduced to the Arbonne Baby Care products quite by accident. I was aware that they were available, but had no intention of using or suggesting their use until I began to learn more about the deleterious effects of mineral oil on the skin. Still unconvinced, it took seeing a patient of mine who has eczema make a dramatic improvement *off* of the medications I had prescribed, using only the Arbonne Baby Care products. Seeing this child no longer require topical steroids or *Elidel*, I became convinced to give it a try. After seeing dozens of children with horrible skin use these products and see drastic improvements, I can unreservedly recommend them. I have seen child after child no longer require topical steroids or *Elidel*. I have seen child after child go from having rough, itchy, easily irritated skin, to having soft and smooth skin. I have had only two children out of the literally dozens that I have recommended the product to in the last four months who have not seen an improvement. While this is certainly not a double blind, placebo controlled, multi-center trial, it has been more than enough to change my practice recommendations. These results are personal experience in my practice, and Arbonne cannot guarantee that everyone who uses these products will see the same results, but I am personally very impressed with the results.

My routine recommendation is to wash the child (of any age, not just infants) with the Arbonne Baby Care Wash. Follow this with the ABC oil. Because this oil is not made with mineral oil, but natural safflower, sunflower, jojoba and shea butter oils, the oil is not occlusive. It soaks into the skin quickly, allows the skin to breathe, and does not clog pores. If baths are given at night, I recommend the ABC lotion the following morning before dressing. The ABC Herbal Diaper Rash Cream and Sunscreen (6 months and over) are also wonderful products.

I not only wholeheartedly recommend these products to my patients; I make them available to them in my office. Seeing the tremendous results that I have, I feel that I could do nothing but this.

Sincerely,

Kala Haiduk Sigler, M.D.

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